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Westland Limited, New Delhi, India. Softcover. Book Condition: New. In 30 years, Sophie Tilgum (her preferred version of Thilagam, the last name she was born with) hasn't been able to sustain a romantic relationship for more than a year. You might call it commitment phobia but Sophie would tell you there is no such thing. Or perhaps there is such a thing, but it's so rare, it's almost an urban legend. Instead she sincerely believes (and propagates) the idea that...

## Read PDF Sophie Says: Memoirs of a Breakup Coach

- Authored by Judy Balan
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