



Hungry Feelings Not Hungry Tummy: Investigate, Understand, Translate and Transform Your Child's Behavior (Paperback)

By Ava Parnass

Createspace, United States, 2014. Paperback. Book Condition: New. 254 x 203 mm. Language: English . Brand New Book ***** Print on Demand *****.Ava Parnass MSN CS, AKA The Kid Whisperer, is an author, songwriter and child therapist. Ms. Parnass helps parents become Behavior Detectives to investigate hidden feelings, to improve behavior and overeating. As Behavior Detectives parents will learn to investigate Hungry Feelings not Hungry Tummy, mood issues, tantrums and misbehaving. After reading Behavior Detective Investigate: Hungry Feelings not Hungry Tummy, parents and teachers will understand how to translate and transform a child's behaviors into new feelings, new words and new actions. Using the conversation starters, activities, feelings maps and many techniques in the book to investigate behavior, will help families turn self-soothing with food into talking about feelings. There are easy step-by-step investigating skills in the book to understand and improve a child's behavior. Most behaviors such as tantrums, anxiety, moods, begging, repetitive activity, overactivity, overeating or not sleeping can be understood as common outward manifestations of a child's attempt to communicate feelings and emotional needs. If we change our parenting skills and teaching for the better, a child's behavior WILL improve. It is also important that we stop blaming our kids for...

Reviews

Extensive information for book fanatics. Better than never, though I am quite late in start reading this one. I am just delighted to tell you that this is basically the best pdf I actually have go through within my personal daily life and might be the greatest pdf for actually.

-- **Guillermo Marquardt**

Very beneficial to any or all class of individuals. It is really interesting through looking at time. You will not feel monotony at any time of your time (that's what catalogs are for concerning in the event you question me).

-- **Dr. Dallas Reinger IV**

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Createspace, United States, 2014. Paperback. Book Condition: New. Taylor Southerland (illustrator). 254 x 203 mm. Language: English . Brand New Book ***** Print on Demand *****.The adventures of CyberThunder (Tony) and CyberPrincess (Emma) continue in The Savvy Cyber Kids at Home: The...



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Husky Publishing, United States, 2015. Paperback. Book Condition: New. 254 x 203 mm. Language: English . Brand New Book ***** Print on Demand *****.This activity book is comprised of crossword puzzles, word search games, word scrambles, coloring pages, mazes, and more! The...