



Psychotherapy Classics: Landmark Articles in the History of Psychotherapy and Counseling

By David Rosenthal

CreateSpace Independent Publishing Platform. Paperback. Book Condition: New. This item is printed on demand. Paperback. 160 pages. Dimensions: 9.0in. x 6.0in. x 0.4in. Psychotherapy Classics Featuring contributions from some of the most influential and enigmatic thinkers of the 20th century, Psychotherapy Classics: Landmark Articles in the History of Psychotherapy and Counseling is essential reading for anybody with an interest in this area. Significant Aspects of Client-Centered Therapy By Carl Rogers In this landmark publication Carl Rogers outlines the origins of client-centered therapy, the process of client-centered therapy, the discovery and capacity of the client and the client-centered nature of the therapeutic relationship. The Problem of Psychotherapy by Laurance Shaffer Originally presented as the address of the President of the Division of Clinical and Abnormal Psychology, American Psychological Association; this landmark paper draws attention to issues relating to the nature of the therapeutic process within psychotherapy which are just as relevant today: How can we understand what takes place in the therapeutic interview Why does it readjust the distressed person Under what conditions is psychotherapy applicable What techniques, applied in appropriately selected circumstances will produce predictable and effective results Shaffers central argument is that the psychologists major problem with respect to therapy...



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